

The Spa at April Point

An Ancient & Eternal Experience

We have created this sacred space to foster life-giving rituals and provide you with a feeling of relief.

The nurturing touch of our Aveda therapists merges ancient wisdom and modern science, creating an integrated path toward health and well being.

Together, we will design a program to suit your individual needs and assist you in creating a higher quality of life.



Body Care

Elemental nature massage

A personalized massage with your favourite Aveda aromas and varying techniques promotes relaxation and restores balance.

Allow ½ hour ... 75 1 hour ... 120 1 ½ hours ... 150

Rosemary-mint awakening body wrap

Renew body and mind with a dry exfoliation followed by soothing moisturizer with essence of rosemary and peppermint to awaken your senses, completed by a wrap to detoxify your skin and a scalp and foot massage.

Allow 1 hour ... 110

Caribbean therapy full body wrap

A rejuvenating body treatment using healing touch and plant ingredients of the Caribbean. Start with dry exfoliation followed by warm seaweed masques and a restorative face, scalp and body massage.

Allow 1 ¼ hours ... 130

Sports massage

This massage targets tense and sore muscles, tendons and ligaments through the application of firm massage techniques.

Allow ½ hour ... 85 1 hour ... 145 1 ½ hours ... 180

Aveda hot stone massage

The most relaxing and therapeutic of our massages. Smooth, heated basalt and river stones with aromatic oils bring you to a new level of relaxation.

Allow 1 ¼ hours ... 130 (not for pregnant guests)

Aroma hydrotherapy tub & body wrap

A full-body exfoliation followed by a 20-minute session in an air-jetted tub hydrates your skin with pure flower and plants essences, followed by a warm-cotton wrap and stress-relieving scalp treatment and foot massage.

Allow 1 ½ hours ... 150

Hand & Foot Care

Elemental nature pedicure

A luxurious foot soak followed by nail shaping, cuticle grooming, massage and polish of your choice.

Allow 1 hour ... 70

Spa pedicure

Treat your feet to bliss with all the benefits of our elemental nature pedicure plus exfoliation and an application of warm paraffin wax to renew and revive dry skin.

Allow 1 ½ hours ... 80

Caribbean therapy pedicure

A Caribbean milk foot soak followed by exfoliating paste and warm seaweed mask — includes all the benefits of our elemental nature pedicure and leaves your feet feeling soft, smooth and renewed.

Allow 1 ½ hours ... 80

Elemental nature manicure

Includes nail shaping, cuticle grooming, hand and arm massage and a polish of your choice.

Allow ¾ hour ... 55

Spa manicure

Includes the benefits of our elemental nature manicure plus an exfoliation and application of warm paraffin wax to soften and soothe.

Allow 1 hour ... 70

Caribbean therapy manicure

Includes the benefits of our elemental nature manicure plus a special exfoliating paste and seaweed mask to improve nails cuticles and skin, followed by a polish of your choice.

Allow 1 hour ... 70

Treatment Enhancements & Final Touches

Revitalizing eye treatment

Allow 20 minutes ... 35

Hydrating paraffin wax treatment

Hands or feet ... 25

Fusion plant pure-fume™ steam shower

Allow ½ hour ... 45

French polish on its own

Allow 20 minutes ... 25

Polish change

Allow 20 minutes ... 20

Brow or lash tint

Allow 20 minutes ... 20

Brow, lip or chin wax

Allow 20 minutes ... 20

French polish add-on to any pedicure or manicure

Allow 20 minutes ... 15



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Face Care

Elemental nature pure-focus facial

Restore healthy balance to your skin as we focus on corrective techniques. Choose from skin exfoliation, masque treatment or a face and neck massage.

Allow ½ hour ... 65

Elemental nature facial

Restore healthy balance to your skin with a customized facial, skin analysis, Aveda products and essential oils, helping your complexion regain its natural glow. Time well spent.

Allow 1 hour ... 110

Aveda stone facial

Heated basalt and chilled marble stones promote warmth and stimulation in a very spiritual and grounding cleansing treatment. Includes a Shiatsu pressure point massage.

Allow 1 hour ... 110



Elemental nature self-renewal facial

This head-to-toe experience is designed for total relaxation and skin rejuvenation, and features an integrated foot and scalp treatment. An Aveda facial massage combines pressure points, lymphatic drainage and Ayurvedic massage techniques that will leave your skin looking refreshed and alive.

Allow 1 ¼ hours ... 130

Anti-aging facial

Experience the potent plant power of Green Science to rejuvenate, firm, and diminish the appearance of fine lines and wrinkles.

Allow 1 ¼ hours ... 120

For the Gentleman

Mariner's facial

Modern life can be tough on a man's face, especially after hours on the ocean, furrowed brows and years of environmental damage. This facial relieves stress, deeply cleanses and oxygenates your hard working skin, and brings back your youthful glow.

Allow 1 ¼ hours ... 120

Fisherman's steam shower

A day of fishing is exhilarating – especially when you land the Big One – and there's no better way to end your day than with a hot, relaxing steam bath.

Allow ½ hour ... 45

Sports massage

This massage targets sore muscles, tendons and ligaments using firm massage techniques.

Allow ½ hour ... 85 1 hour ... 145 1 ½ hours ... 180

Sports manicure

Bring hardworking hands back to life with nail shaping, cuticle grooming and a hand and arm massage.

Allow ¾ hour ... 50

Sports pedicure

A relaxing foot soak, nail shaping, cuticle grooming and foot massage for the man on the move.

Allow 1 hour ... 70

Spa Package

Fire

30-minute elemental nature massage
60-minute elemental nature facial
Spa manicure and spa pedicure
Spa cuisine

Allow 4 hours ... 345

Earth

60-minute Aveda stone massage
60-minute elemental nature facial
Rosemary-mint awakening
body wrap
Spa manicure and pedicure
Spa cuisine

Allow 6 hours ... 510

Water

Aroma hydrotherapy bath with body wrap
60-minute elemental nature facial
Spa manicure and pedicure
Spa cuisine

Allow 5 hours ... 420

Air

60-minute elemental nature facial
Revitalizing eye treatment
Elemental nature manicure and spa pedicure

Allow 3 ½ hours ... 280

Infinity

60-minute elemental nature massage
Elemental nature manicure and
spa pedicure

Allow 3 ¼ hours ... 255

Enjoy the spa with someone special – reserve our double treatment rooms for massage and facials.

For your visit

The spa provides a tranquil atmosphere so that our guests can relax. We ask that you do not bring infants and small children into the spa.

Reservations can be made by phone using Visa or MasterCard. Treatments cancelled within 24 hours and no-shows will be charged in full. If you are purchasing a gift certificate, you may want to include a gratuity in advance.

To get the most out of your treatment, please arrive 15 minutes before your treatment begins and enjoy cup of Aveda comforting tea.

We look forward to seeing you soon!

